CHARACTER CARD *for our village*

Your name _____

Start: feet on the floor, three slow breaths. **Each part:** read the shaded line, wait for a word, image or feeling, then write what shows up. One answer is plenty. Three is the max.

NAME

What name feels true right now?

Imagine someone who loves you introducing you at your best. What do they call you?

ELEMENT

Which element do you feel most in? Circle the one that came up most.

Notice your energy now, and in the moments you feel most like yourself.

WATER	EARTH	FIRE	AIR	HEART
flowing, feeling, adapting	steady, grounded, building	passion, drive, transformation	ideas, perspective, clarity	love, connection, care

LIKES

What makes time vanish for me?

Let your attention soften. Wait for the pull, not the should.

1 _____

2 _____

3 _____

NEEDS

What can I not go without for long?

Recall a time you felt steady. What was around you?

1 _____

2 _____

3 _____

DISLIKES

What gets under my skin?

Recall a moment your jaw tightened. Where did you feel it?

1 _____

2 _____

3 _____

VALUES

What guides my choices, even when it costs me?

Hand on your chest. Ask quietly: what is true for me here?

1 _____

2 _____

3 _____

Everything on this page is yours. Share it only if you want to. Passing is always fine. Jot anything else that came up in the margins. Then take a break before page 2.

HERO IMAGE & LANES *for our village*

Your name _____

HERO IMAGE

How do you see yourself without limit?

Close your eyes. Let go of how you look day to day. Wait for an image of you at full size.

If nothing held you back, what would you look like? Where are you, and what is around you? Human, animal, force of nature, something else. Anything goes. It does not have to look like you.

Describe it or sketch it

How do you want your image made?

☐ **Dynas makes it from this** ☐ **I'll send Dynas a photo later** ☐ **I'll make my own**

LANES

What are you deep in, and what backs it up?

Lanes are the spine of your card. They tell the village who to turn to for what.

Think of something you have put real years into. Feel the weight of it.

- What have you put real years or training into?
- What are you qualified, licensed or trade-trained in?
- What do you reckon mates would send their family to you for?
- Which of these do you actually want to be called on for?

Up to three. One solid lane beats three thin ones. Short names, two or three words. Backing, e.g. trade ticket, 10 years.

	PROPOSED LANE	WHAT BACKS IT
1		
2		
3		

No rush. These are proposed. Read yours out when you're ready and have a yarn. A lane goes on your card once the village agrees, whenever that is. Keep both pages. If you'd like your card made, give Dynas a photo of both, and cross out anything you'd rather keep.